

# Why Should I Choose to Receive the COVID-19 Vaccine?

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## COVID-19 vaccination will help keep you from getting COVID-19

- Experts believe that getting a COVID-19 vaccine may help keep you from getting seriously ill even if you do contract COVID-19.
- Getting vaccinated may also protect people around you, particularly people at increased risk for severe illness from COVID-19.

## COVID-19 vaccination will be a safer way to help build protection

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- COVID-19 can have serious, life-threatening complications, and there is no way to know how COVID-19 will affect you. Additionally, if you get sick, you could spread the virus to friends, family, and others around you.
- Getting COVID-19 may offer some natural protection, known as immunity, but experts don't know how long this protection lasts for those who are infected or those who are vaccinated. What we do know is that the risk of severe illness and death from COVID-19 far outweighs any benefits of natural immunity. Getting a COVID-19 vaccination is a safer choice.

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## COVID-19 vaccination will be an important tool to help stop the pandemic

- Wearing masks and social distancing help reduce your chance of being exposed to the virus or spreading it to others, but these measures are not enough. Vaccines will work with your immune system so it will be ready to fight the virus if you are exposed.
- The combination of getting vaccinated and following the CDC's recommendations to protect yourself and others will offer the best protection from COVID-19.